Running at Full Tilt Is. 40:28-31



Stay Focused on God

Is. 40:28-29, Do you not know? Have you not heard? The Everlasting God, the Lord, the Creator of the ends of the earth does not become weary or tired. His understanding is unsearchable. 29 He gives RUNNING strength to the weary, and to him who lacks might He

increases power.

Rise Above Life's Circumstances

30-31a, Though youths grow weary and tired, and vigorous young men stumble badly, 31 yet those who wait for the LORD Will gain new strength; they will mount up with wings like eagles.

Tap into God's Supernatural Resources

31b, They will run and not get tired.



"I believe that God made me for a purpose. But He also made me fast, and when I run, I feel His pleasure."

Eric Liddell



1 Cor. 9:24, Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win.



1) Word of God

"Let the word of Christ richly dwell within you."



2) Spirit of God

"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all RUNNING that I said to you.

3) prayer

"Pray without ceasing."



4) Jesus Christ Himself

1 Cor. 12:9, And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so RUNNING that the power of Christ may dwell in me.

Gal. 6:9, Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.



Pace Ourselves for the Long Haul

31c, They will walk and not become weary.



1 Jn. 2:6, Whoever says he abides in Him (Jesus) ought to walk in the same way in which He (Jesus) walked.



